# Maine Shared Community Health Needs Assessment County Summary: 2015

## Kennebec County

November 2015

### **Qualitative Stakeholder Input**

A survey of 220 health professionals and community stakeholders in Kennebec County provided insight into the most critical health issues and determinants impacting the lives of those living in the area. According to these stakeholders, the following five health issues and health factors have the most impact on Kennebec County resulting in poor health outcomes for residents.

#### Top five health issues

- Obesity
- Drug and alcohol abuse
- Mental health
- Depression
- Physical activity and nutrition

### Top five health factors

- Poverty
- Access to behavioral care/mental health care
- Health-care insurance
- Transportation
- Health literacy

Physical activity and nutrition	Health literacy					
Maine Shared CHNA Health Indicators	Year	Kennebec	Trend	Maine	U.S.	
Demographics						
Total Population	2013	121,164		1,328,302	319 Mil	
Population – % ages 0-17	2013	19.9%		19.7%	23.3%	
Population – % ages 18-64	2013	63.0%		62.6%	62.6%	
Population – % ages 65+	2013	17.1%		17.7%	14.1%	
Population – % White	2013	96.4%		95.2%	77.7%	
Population – % Black or African American	2013	0.6%		1.4%	13.2%	
Population – % American Indian and Alaska Native	2013	0.5%		0.7%	1.2%	
Population – % Asian	2013	0.8%		1.1%	5.3%	
Population – % Hispanic	2013	1.4%		1.4%	17.1%	
Population – % with a disability	2013	17.6%		15.9%	12.1%	
Population density (per square mile)	2013	140.8		43.1	87.4	
Socioeconomic Status Measures						
Individuals living in poverty	2009-2013	13.4%	NA	13.6%	15.4%	
Children living in poverty	2009-2013	17.7%	NA	18.5%	21.6%	
High school graduation rate	2013-2014	85.5%	NA	86.5%	81.0%	
Median household income	2009-2013	\$46,808	NA	\$48,453	\$53,046	
Percentage of people living in rural areas	2013	100.0%	NA	66.4%	NA	
Single-parent families	2009-2013	36.7%	NA	34.0%	33.2%	
Unemployment rate	2014	5.4%	NA	5.7%	6.2%	
65+ living alone	2009-2013	42.7%	NA	41.2%	37.7%	
General Health Status						
Adults who rate their health fair to poor	2011-2013	16.1%		15.6%	16.7%	
Adults with 14+ days lost due to poor mental health	2011-2013	14.0%		12.4%	NA	
Adults with 14+ days lost due to poor physical health	2011-2013	14.1%		13.1%	NA	
Adults with three or more chronic conditions	2011, 2013	27.7%		27.6%	NA	
Mortality						
Life expectancy (Female)	2012	80.9	NA	81.5	81.2	
Life expectancy (Male)	2012	75.6	NA	76.7	76.4	
Overall mortality rate per 100,000 population	2009-2013	805.1	NA	745.8	731.9	
Access						
Adults with a usual primary care provider	2011-2013	88.0%		87.7%	76.6%	
Individuals who are unable to obtain or delay obtaining	2011-2013	10.4%		11.0%	15.3%	
necessary medical care due to cost	2011-2013					
MaineCare enrollment	2015	29.0%	NA	27.0%	23.0%	
Percent of children ages 0-19 enrolled in MaineCare	2015	44.8%	NA	41.8%	48.0%	

Percent uninsured   2009-2013   9,6% NA   10,4%   11,7%   Health Earle Guality   Ambulatory care-ensitive condition hospital admission rate per 100,000 population   1,390.4 NA   10,4%   11,7%   12,7%   12,90.4 NA   10,4%   11,7%   12,90.4 NA   10,4%   11,7%   12,90.4 NA   10,4%   11,7%   12,90.4 NA   12,58.8 NA   10,000 population   2001 Pability   1,499.3   1457.5   14,99.3   1457.5   14,99.3   1457.5   14,99.3   1457.5   14,99.3   1457.5   14,99.3   1457.5   14,99.3   1457.5   14,99.3   1457.5   14,99.3   1457.5   14,99.3   14,99.3   1457.5   14,99.3   14,	Maine Shared CHNA Health Indicators	Year	Kennebec	Trend	Maine	U.S.
Health Care Quality						
Ambulatory care-sensitive condition hospital admission rate per 2011   1,390.4   1,499.3   1457.5   100,000 population   2001   3,892.4   NA   4,258.8   NA   Oral Health   NA   2012   3,892.4   NA   4,258.8   NA   Oral Health   NA   2018   NA   3,892.4   NA   4,258.8   NA   Oral Health   NA   2018   NA   3,892.4   NA   4,258.8   NA   Oral Health   NA   2018   NA   3,892.4   NA   4,258.8   NA   3,892.4   NA   4,258.8   NA   3,892.4   NA   5,31%   NA   3,51%   NA   3,5		2009-2013	9.6%	NA	10.4%	11.7%
100,000 population						
Ambulatory care-sensitive condition emergency department rate per 100,000 population  Oral Hoalth  Adults with visits to a dentist in the past 12 months  Adults with visits to a dentified and in the past 12 months  Adults with visits to the dentist in the past 12 months  Adults with visits to the dentist in the past 12 months  Adults with visits to the dentist in the past 12 months  Adults with visits to the dentist in the past 12 months  Adults with visits to the dentist in the past 12 months  Adults with visits to the dentist in the past 12 months  Adults with visits to the dentist in the past 12 months  Adults with visits to the dentist in the past 12 months		2011	1,390.4		1,499.3	1457.5
Der 100,000 population   Coroll Health						
Oral Health         Adults with visits to a dentist in the past 12 months         2012         67.4%         NA         65.3%         67.2%           MaineCare members under 18 with a visit to the dentist in the past year         2014         54.4%         NA         65.1%         NA           Respiratory         Asthma emergency department visits per 10,000 population         2009-2011         67.6         +         67.3         NA           COPD diagnosed         2011-2013         7.7%         7.6%         6.5%         1.17%         9.0%           COPD hospitalizations per 100,000 population         2011         166.5         216.3         NA           CUrrent asthma (Youth 0-17)         2011-2013         10.7%*         NA         9.1%*         NA           Pneumonia emergency department rate per 100,000 population         2011         754.2         719.9         NA           Pneumonia hospitalizations per 100,000 population         2007-2011         199.4         NA         185.5         168.7           Incidence – all cancers per 100,000 population         2007-2011         199.4         NA         185.5         168.7           Incidence – all cancers per 100,000 population         2007-2011         199.4         NA         185.5         168.7           Bladder cancer incidence p		2011	3,892.4	NA	4,258.8	NA
Adults with visits to a dentist in the past 12 months   2012   67.4%   NA   65.3%   67.2%						
Mainecare members under 18 with a visit to the dentist in the past year (Respiratory)         2014         54.4%         NA         55.1%         NA           Masth year (Respiratory)         Asthma emergency department visits per 10,000 population         2009-2011         67.6         + 67.3         NA           COPD diagnosed         2011-2013         7.7%         7.6%         6.5%           COPD Diagnosed         2011-2013         12.6%         216.3         NA           CUrrent asthma (Adults)         2011-2013         10.7%†         NA         9.0%           Current asthma (Pouth 0-17)         2011-2013         10.7%†         NA         9.1%         NA           Pneumonia emergency department rate per 100,000 population         2011         754.2         719.9         NA           Pneumonia hospitalizations per 100,000 population         2011         299.7         329.4         NA           Pneumonia hospitalizations per 100,000 population         2007-2011         499.5         NA         185.5         168.7           Incidence – all cancers per 100,000 population         2007-2011         499.5         NA         185.5         168.7           Incidence – all cancers per 100,000 population         2007-2011         499.5         NA         82.3         20.2		2012	67.4%	NΙΛ	6E 20/	67.2%
Past year   2014   54.4%   NA   55.1%   NA   Respiratory	·	2012	07.476	INA	03.370	07.276
Respiratory   Asthma emergency department visits per 10,000 population   2009-2011   67.6		2014	54.4%	NA	55.1%	NA
Asthma emergency department visits per 10,000 population   2009-2011   67.6						
COPD diagnosed   2011-2013   7.7%   7.6%   6.5%		2009-2011	67.6	+	67.3	NΔ
COPD hospitalizations per 100,000 population   2011   166.5   216.3   NA						
Current asthma (Adults)         2011-2013         12,6%         11,7%         9,0%           Current asthma (Youth 0-17)         2011-2013         10,7%f*         NA         9,1%         NA           Pneumonia emergency department rate per 100,000 population         2011         754.2         719.9         NA           Pneumonia hospitalizations per 100,000 population         2011         299.7         329.4         NA           Mortality – all cancers per 100,000 population         2007-2011         199.4         NA         185.5         168.7           Incidence – all cancers per 100,000 population         2007-2011         493.5         NA         500.1         453.4           Bladder cancer incidence per 100,000 population         2007-2011         25.4         NA         28.3         20.2           Female breast cancer incidence per 100,000 population         2007-2011         25.4         NA         28.3         20.2           Female breast cancer incidence per 100,000 population         2007-2011         44.5         NA         41.6         43.7           Female breast cancer incidence per 100,000 population         2007-2011         138.0         NA         126.3         124.1           Mammograms females age 50-in past two years         2012         82.9%         NA						
Current asthma (Youth 0-17)						
Pneumonia emergency department rate per 100,000 population   2011   754.2   719.9   NA	•			NA		
Pneumonia hospitalizations per 100,000 population   2011   299.7   329.4   NA   Cancer				1171		
Cancer         Mortality – all cancers per 100,000 population         2007-2011         199.4         NA         185.5         168.7           Incidence – all cancers per 100,000 population         2007-2011         493.5         NA         500.1         453.4           Bladder cancer incidence per 100,000 population         2007-2011         25.4         NA         28.3         20.2           Female breast cancer mortality per 100,000 population         2007-2011         22.1         NA         20.0         21.5           Breast cancer late-stage incidence (females only) per 100,000         2007-2011         44.5         NA         41.6         43.7           population         2007-2011         18.8         NA         126.3         124.1           Mammograms females age 50+ in past two years         2012         82.9%         NA         82.1%         77.0%           Colorectal cancer mortality per 100,000 population         2007-2011         18.1         NA         16.1         15.1           Colorectal cancer incidence per 100,000 population         2007-2011         40.2         NA         43.5         42.0           Colorectal screening         2012         77.7%         NA         72.2*         29           Colorectal screening         2012         77.7%	Pneumonia emergency department rate per 100,000 population	2011	754.2		719.9	NA
Cancer         Mortality – all cancers per 100,000 population         2007-2011         199.4         NA         185.5         168.7           Incidence – all cancers per 100,000 population         2007-2011         493.5         NA         500.1         453.4           Bladder cancer incidence per 100,000 population         2007-2011         25.4         NA         28.3         20.2           Female breast cancer mortality per 100,000 population         2007-2011         22.1         NA         20.0         21.5           Breast cancer late-stage incidence (females only) per 100,000         2007-2011         44.5         NA         41.6         43.7           population         2007-2011         18.8         NA         126.3         124.1           Mammograms females age 50+ in past two years         2012         82.9%         NA         82.1%         77.0%           Colorectal cancer mortality per 100,000 population         2007-2011         18.1         NA         16.1         15.1           Colorectal cancer incidence per 100,000 population         2007-2011         40.2         NA         43.5         42.0           Colorectal screening         2012         77.7%         NA         72.2*         29           Colorectal screening         2012         77.7%	Pneumonia hospitalizations per 100,000 population	2011	299.7		329.4	NA
Incidence - all cancers per 100,000 population   2007-2011   493.5   NA   500.1   453.4   Bladder cancer incidence per 100,000 population   2007-2011   25.4   NA   28.3   20.2   Female breast cancer mortality per 100,000 population   2007-2011   22.1   NA   20.0   21.5   Breast cancer late-stage incidence (females only) per 100,000   2007-2011   22.1   NA   20.0   21.5   Breast cancer late-stage incidence (females only) per 100,000   2007-2011   44.5   NA   41.6   43.7   Associated population   2007-2011   138.0   NA   126.3   124.1   Mammograms females age 50+ in past two years   2012   82.9%   NA   82.1%   77.0%   Colorectal cancer mortality per 100,000 population   2007-2011   18.1   NA   16.1   15.1   Colorectal late-stage incidence per 100,000 population   2007-2011   21.0   NA   22.7   22.9   Colorectal cancer incidence per 100,000 population   2007-2011   21.0   NA   23.5   42.0   Colorectal cancer incidence per 100,000 population   2007-2011   20.2   NA   24.3   42.0   Colorectal screening   2012   77.7%   NA   72.2%   NA   Lung cancer mortality per 100,000 population   2007-2011   56.6   NA   54.3   46.0   Lung cancer incidence per 100,000 population   2007-2011   56.6   NA   54.3   46.0   Melanoma incidence per 100,000 population   2007-2011   56.6   NA   52.2   21.3   21.3   22					0.00	
Incidence - all cancers per 100,000 population   2007-2011   493.5   NA   500.1   453.4   Bladder cancer incidence per 100,000 population   2007-2011   25.4   NA   28.3   20.2   Female breast cancer mortality per 100,000 population   2007-2011   22.1   NA   20.0   21.5   Breast cancer late-stage incidence (females only) per 100,000   2007-2011   22.1   NA   20.0   21.5   Breast cancer late-stage incidence (females only) per 100,000   2007-2011   44.5   NA   41.6   43.7   Associated population   2007-2011   138.0   NA   126.3   124.1   Mammograms females age 50+ in past two years   2012   82.9%   NA   82.1%   77.0%   Colorectal cancer mortality per 100,000 population   2007-2011   18.1   NA   16.1   15.1   Colorectal late-stage incidence per 100,000 population   2007-2011   21.0   NA   22.7   22.9   Colorectal cancer incidence per 100,000 population   2007-2011   21.0   NA   23.5   42.0   Colorectal cancer incidence per 100,000 population   2007-2011   20.2   NA   24.3   42.0   Colorectal screening   2012   77.7%   NA   72.2%   NA   Lung cancer mortality per 100,000 population   2007-2011   56.6   NA   54.3   46.0   Lung cancer incidence per 100,000 population   2007-2011   56.6   NA   54.3   46.0   Melanoma incidence per 100,000 population   2007-2011   56.6   NA   52.2   21.3   21.3   22	Mortality – all cancers per 100,000 population	2007-2011	199.4	NA	185.5	168.7
Bladder cancer incidence per 100,000 population   2007-2011   25.4   NA   28.3   20.2				NA		
Female breast cancer mortality per 100,000 population         2007-2011         22.1         NA         20.0         21.5           Breast cancer late-stage incidence (females only) per 100,000         2007-2011         44.5         NA         41.6         43.7           population         2007-2011         138.0         NA         126.3         124.1           Mammograms females age 50+ in past two years         2012         82.9%         NA         82.1%         77.0%           Colorectal cancer mortality per 100,000 population         2007-2011         18.1         NA         16.1         15.1           Colorectal cancer mortality per 100,000 population         2007-2011         21.0         NA         22.7         22.9           Colorectal screening         2012         77.7%         NA         43.5         42.0           Colorectal screening         2012         77.7%         NA         72.2%         NA           Lung cancer mortality per 100,000 population         2007-2011         56.6         NA         54.3         46.0           Lung cancer incidence per 100,000 population         2007-2011         78.8         NA         75.5         58.6           Melanoma incidence per 100,000 population         2007-2011         78.0         NA         22.1 <td></td> <td>2007-2011</td> <td>25.4</td> <td></td> <td></td> <td></td>		2007-2011	25.4			
Breast cancer late-stage incidence (females only) per 100,000   2007-2011   44.5   NA   41.6   43.7   2007-2011   44.5   NA   41.6   43.7   2007-2011   44.5   NA   41.6   43.7   2007-2011   138.0   NA   126.3   124.1   2007-2011   2		2007-2011	22.1	NA	20.0	21.5
		2007 2011	44.5	N1.0	44.6	42.7
Mammograms females age 50+ in past two years         2012         82.9%         NA         82.1%         77.0%           Colorectal cancer mortality per 100,000 population         2007-2011         18.1         NA         16.1         15.1           Colorectal late-stage incidence per 100,000 population         2007-2011         21.0         NA         22.7         22.9           Colorectal cancer incidence per 100,000 population         2007-2011         40.2         NA         43.5         42.0           Colorectal screening         2012         77.7%         NA         72.2%         NA           Lung cancer incidence per 100,000 population         2007-2011         56.6         NA         54.3         46.0           Lung cancer incidence per 100,000 population         2007-2011         78.8         NA         75.5         58.6           Melanoma incidence per 100,000 population         2007-2011         78.8         NA         75.5         58.6           Melanoma incidence per 100,000 population         2007-2011         78.8         NA         75.5         58.6           Melanoma incidence per 100,000 population         2007-2011         25.6         NA         22.1         20.8           Prostate cancer mortality per 100,000 population         2007-2011         27.0 <td>population</td> <td>2007-2011</td> <td>44.5</td> <td>  NA</td> <td>41.6</td> <td>43.7</td>	population	2007-2011	44.5	NA	41.6	43.7
Colorectal cancer mortality per 100,000 population   2007-2011   18.1	Female breast cancer incidence per 100,000 population	2007-2011	138.0	NA	126.3	124.1
Colorectal late-stage incidence per 100,000 population         2007-2011         21.0         NA         22.7         22.9           Colorectal cancer incidence per 100,000 population         2007-2011         40.2         NA         43.5         42.0           Colorectal screening         2012         77.7%         NA         72.2%         NA           Lung cancer mortality per 100,000 population         2007-2011         56.6         NA         54.3         46.0           Lung cancer incidence per 100,000 population         2007-2011         78.8         NA         75.5         58.6           Melanoma incidence per 100,000 population         2007-2011         15.6         NA         22.2         21.3           Pap smears females ages 21-65 in past three years         2012         85.7%         NA         88.0%         78.0%           Prostate cancer mortality per 100,000 population         2007-2011         27.0         NA         22.1         20.8           Prostate cancer incidence per 100,000 population         2007-2011         138.3         NA         133.8         140.8           Tobacco-related neoplasms, mortality per 100,000 population         2007-2011         89.3         NA         91.9         81.7           Cardiovascular Disease         Acute myocardial i	Mammograms females age 50+ in past two years	2012	82.9%	NA	82.1%	77.0%
Colorectal cancer incidence per 100,000 population         2007-2011         40.2         NA         43.5         42.0           Colorectal screening         2012         77.7%         NA         72.2%         NA           Lung cancer mortality per 100,000 population         2007-2011         56.6         NA         54.3         46.0           Lung cancer incidence per 100,000 population         2007-2011         78.8         NA         75.5         58.6           Melanoma incidence per 100,000 population         2007-2011         15.6         NA         22.2         21.3           Pap smears females ages 21-65 in past three years         2012         85.7%         NA         88.0%         78.0%           Prostate cancer mortality per 100,000 population         2007-2011         27.0         NA         22.1         20.8           Prostate cancer incidence per 100,000 population         2007-2011         138.3         NA         133.8         140.8           Tobacco-related neoplasms, mortality per 100,000 population         2007-2011         89.3         NA         91.9         81.7           Cardiovascular Disease         Acute myocardial infarction hospitalizations per 10,000 population         2010-2012         27.8         +         23.5         NA           Cholesterol checked e	Colorectal cancer mortality per 100,000 population	2007-2011	18.1	NA	16.1	15.1
Colorectal screening   2012   77.7%   NA   72.2%   NA	Colorectal late-stage incidence per 100,000 population	2007-2011	21.0	NA	22.7	22.9
Lung cancer mortality per 100,000 population         2007-2011         56.6         NA         54.3         46.0           Lung cancer incidence per 100,000 population         2007-2011         78.8         NA         75.5         58.6           Melanoma incidence per 100,000 population         2007-2011         15.6         NA         22.2         21.3           Pap smears females ages 21-65 in past three years         2012         85.7%         NA         88.0%         78.0%           Prostate cancer mortality per 100,000 population         2007-2011         27.0         NA         22.1         20.8           Prostate cancer incidence per 100,000 population         2007-2011         138.3         NA         133.8         140.8           Tobacco-related neoplasms, mortality per 100,000 population         2007-2011         41.1         NA         37.4         34.3           Tobacco-related neoplasms, incidence per 100,000 population         2007-2011         89.3         NA         91.9         81.7           Cardiovascular Disease         Acute myocardial infarction hospitalizations per 10,000 population         2010-2012         27.8         +         23.5         NA           Acute myocardial infarction mortality per 100,000 population         2009-2013         36.1         NA         32.2	Colorectal cancer incidence per 100,000 population	2007-2011	40.2	NA	43.5	42.0
Lung cancer incidence per 100,000 population         2007-2011         78.8         NA         75.5         58.6           Melanoma incidence per 100,000 population         2007-2011         15.6         NA         22.2         21.3           Pap smears females ages 21-65 in past three years         2012         85.7%         NA         88.0%         78.0%           Prostate cancer mortality per 100,000 population         2007-2011         27.0         NA         22.1         20.8           Prostate cancer incidence per 100,000 population         2007-2011         138.3         NA         133.8         140.8           Tobacco-related neoplasms, mortality per 100,000 population         2007-2011         41.1         NA         37.4         34.3           Tobacco-related neoplasms, incidence per 100,000 population         2007-2011         89.3         NA         91.9         81.7           Cardiovascular Disease         Acute myocardial infarction hospitalizations per 10,000         2010-2012         27.8         +         23.5         NA           Acute myocardial infarction mortality per 100,000 population         2009-2013         36.1         NA         32.2         32.4           Cholesterol checked every five years         2011. 2013         82.2%         81.0%         76.4%           Co	Colorectal screening	2012	77.7%	NA	72.2%	NA
Melanoma incidence per 100,000 population         2007-2011         15.6         NA         22.2         21.3           Pap smears females ages 21-65 in past three years         2012         85.7%         NA         88.0%         78.0%           Prostate cancer mortality per 100,000 population         2007-2011         27.0         NA         22.1         20.8           Prostate cancer incidence per 100,000 population         2007-2011         138.3         NA         133.8         140.8           Tobacco-related neoplasms, mortality per 100,000 population         2007-2011         41.1         NA         37.4         34.3           Tobacco-related neoplasms, incidence per 100,000 population         2007-2011         89.3         NA         91.9         81.7           Cardiovascular Disease         Acute myocardial infarction hospitalizations per 10,000 population         2010-2012         27.8         +         23.5         NA           Acute myocardial infarction mortality per 100,000 population         2009-2013         36.1         NA         32.2         32.4           Cholesterol checked every five years         2011. 2013         82.2%         81.0%         76.4%           Coronary heart disease mortality per 100,000 population         2009-2013         100.7         NA         89.8         102.6			56.6	NA	54.3	46.0
Pap smears females ages 21-65 in past three years         2012         85.7%         NA         88.0%         78.0%           Prostate cancer mortality per 100,000 population         2007-2011         27.0         NA         22.1         20.8           Prostate cancer incidence per 100,000 population         2007-2011         138.3         NA         133.8         140.8           Tobacco-related neoplasms, mortality per 100,000 population         2007-2011         41.1         NA         37.4         34.3           Tobacco-related neoplasms, incidence per 100,000 population         2007-2011         89.3         NA         91.9         81.7           Cardiovascular Disease         Acute myocardial infarction hospitalizations per 10,000         2010-2012         27.8         +         23.5         NA           Acute myocardial infarction mortality per 100,000 population         2009-2013         36.1         NA         32.2         32.4           Cholesterol checked every five years         2011. 2013         82.2%         81.0%         76.4%           Coronary heart disease mortality per 100,000 population         2009-2013         100.7         NA         89.8         102.6           Heart failure hospitalizations per 10,000 population         2010-2012         20.3         21.9         NA	Lung cancer incidence per 100,000 population	2007-2011	78.8	NA		58.6
Prostate cancer mortality per 100,000 population         2007-2011         27.0         NA         22.1         20.8           Prostate cancer incidence per 100,000 population         2007-2011         138.3         NA         133.8         140.8           Tobacco-related neoplasms, mortality per 100,000 population         2007-2011         41.1         NA         37.4         34.3           Tobacco-related neoplasms, incidence per 100,000 population         2007-2011         89.3         NA         91.9         81.7           Cardiovascular Disease         Acute myocardial infarction hospitalizations per 10,000 population         2010-2012         27.8         +         23.5         NA           Acute myocardial infarction mortality per 100,000 population         2009-2013         36.1         NA         32.2         32.4           Cholesterol checked every five years         2011. 2013         82.2%         81.0%         76.4%           Coronary heart disease mortality per 100,000 population         2009-2013         100.7         NA         89.8         102.6           Heart failure hospitalizations per 10,000 population         2011. 2013         32.4%         32.8%         31.4%           Hypertension hospitalizations per 100,000 population         2011. 2013         40.0%         40.3%         38.4%		2007-2011		NA		
Prostate cancer incidence per 100,000 population         2007-2011         138.3         NA         133.8         140.8           Tobacco-related neoplasms, mortality per 100,000 population         2007-2011         41.1         NA         37.4         34.3           Tobacco-related neoplasms, incidence per 100,000 population         2007-2011         89.3         NA         91.9         81.7           Cardiovascular Disease         Acute myocardial infarction hospitalizations per 10,000 population         2010-2012         27.8         +         23.5         NA           Acute myocardial infarction mortality per 100,000 population         2009-2013         36.1         NA         32.2         32.4           Cholesterol checked every five years         2011. 2013         82.2%         81.0%         76.4%           Coronary heart disease mortality per 100,000 population         2009-2013         100.7         NA         89.8         102.6           Heart failure hospitalizations per 10,000 population         2010-2012         20.3         21.9         NA           Hypertension prevalence         2011, 2013         32.4%         32.8%         31.4%           Hypertension hospitalizations per 100,000 population         2011, 2013         40.0%         40.3%         38.4%				NA	88.0%	78.0%
Tobacco-related neoplasms, mortality per 100,000 population         2007-2011         41.1         NA         37.4         34.3           Tobacco-related neoplasms, incidence per 100,000 population         2007-2011         89.3         NA         91.9         81.7           Cardiovascular Disease         Acute myocardial infarction hospitalizations per 10,000 population         2010-2012         27.8         +         23.5         NA           Acute myocardial infarction mortality per 100,000 population         2009-2013         36.1         NA         32.2         32.4           Cholesterol checked every five years         2011. 2013         82.2%         81.0%         76.4%           Coronary heart disease mortality per 100,000 population         2009-2013         100.7         NA         89.8         102.6           Heart failure hospitalizations per 10,000 population         2010-2012         20.3         21.9         NA           Hypertension prevalence         2011, 2013         32.4%         32.8%         31.4%           High cholesterol         2011, 2013         40.0%         40.3%         38.4%           Hypertension hospitalizations per 100,000 population         2011         18.4         +         28.0         NA				NA		
Tobacco-related neoplasms, incidence per 100,000 population         2007-2011         89.3         NA         91.9         81.7           Cardiovascular Disease         Acute myocardial infarction hospitalizations per 10,000 population         2010-2012         27.8         +         23.5         NA           Acute myocardial infarction mortality per 100,000 population         2009-2013         36.1         NA         32.2         32.4           Cholesterol checked every five years         2011. 2013         82.2%         81.0%         76.4%           Coronary heart disease mortality per 100,000 population         2009-2013         100.7         NA         89.8         102.6           Heart failure hospitalizations per 10,000 population         2010-2012         20.3         21.9         NA           Hypertension prevalence         2011, 2013         32.4%         32.8%         31.4%           High cholesterol         2011, 2013         40.0%         40.3%         38.4%           Hypertension hospitalizations per 100,000 population         2011         18.4         +         28.0         NA	Prostate cancer incidence per 100,000 population	2007-2011	138.3	NA	133.8	140.8
Cardiovascular Disease         Acute myocardial infarction hospitalizations per 10,000 population         2010-2012         27.8         +         23.5         NA           Acute myocardial infarction mortality per 100,000 population         2009-2013         36.1         NA         32.2         32.4           Cholesterol checked every five years         2011. 2013         82.2%         81.0%         76.4%           Coronary heart disease mortality per 100,000 population         2009-2013         100.7         NA         89.8         102.6           Heart failure hospitalizations per 10,000 population         2010-2012         20.3         21.9         NA           Hypertension prevalence         2011, 2013         32.4%         32.8%         31.4%           High cholesterol         2011, 2013         40.0%         40.3%         38.4%           Hypertension hospitalizations per 100,000 population         2011         18.4         +         28.0         NA	Tobacco-related neoplasms, mortality per 100,000 population	2007-2011	41.1	NA	37.4	34.3
Acute myocardial infarction hospitalizations per 10,000 population         2010-2012         27.8         +         23.5         NA           Acute myocardial infarction mortality per 100,000 population         2009-2013         36.1         NA         32.2         32.4           Cholesterol checked every five years         2011. 2013         82.2%         81.0%         76.4%           Coronary heart disease mortality per 100,000 population         2009-2013         100.7         NA         89.8         102.6           Heart failure hospitalizations per 10,000 population         2010-2012         20.3         21.9         NA           Hypertension prevalence         2011, 2013         32.4%         32.8%         31.4%           High cholesterol         2011, 2013         40.0%         40.3%         38.4%           Hypertension hospitalizations per 100,000 population         2011         18.4         +         28.0         NA	Tobacco-related neoplasms, incidence per 100,000 population	2007-2011	89.3	NA	91.9	81.7
Acute myocardial infarction hospitalizations per 10,000 population         2010-2012         27.8         +         23.5         NA           Acute myocardial infarction mortality per 100,000 population         2009-2013         36.1         NA         32.2         32.4           Cholesterol checked every five years         2011. 2013         82.2%         81.0%         76.4%           Coronary heart disease mortality per 100,000 population         2009-2013         100.7         NA         89.8         102.6           Heart failure hospitalizations per 10,000 population         2010-2012         20.3         21.9         NA           Hypertension prevalence         2011, 2013         32.4%         32.8%         31.4%           High cholesterol         2011, 2013         40.0%         40.3%         38.4%           Hypertension hospitalizations per 100,000 population         2011         18.4         +         28.0         NA	Cardiovascular Disease					
Acute myocardial infarction mortality per 100,000 population   2009-2013   36.1 NA   32.2   32.4	Acute myocardial infarction hospitalizations per 10,000	2040 2042	27.0		22.5	N. A
Acute myocardial infarction mortality per 100,000 population         2009-2013         36.1         NA         32.2         32.4           Cholesterol checked every five years         2011. 2013         82.2%         81.0%         76.4%           Coronary heart disease mortality per 100,000 population         2009-2013         100.7         NA         89.8         102.6           Heart failure hospitalizations per 10,000 population         2010-2012         20.3         21.9         NA           Hypertension prevalence         2011, 2013         32.4%         32.8%         31.4%           High cholesterol         2011, 2013         40.0%         40.3%         38.4%           Hypertension hospitalizations per 100,000 population         2011         18.4         +         28.0         NA		2010-2012	27.8	+	23.5	I NA
Coronary heart disease mortality per 100,000 population         2009-2013         100.7         NA         89.8         102.6           Heart failure hospitalizations per 10,000 population         2010-2012         20.3         21.9         NA           Hypertension prevalence         2011, 2013         32.4%         32.8%         31.4%           High cholesterol         2011, 2013         40.0%         40.3%         38.4%           Hypertension hospitalizations per 100,000 population         2011         18.4         +         28.0         NA		2009-2013	36.1	NA	32.2	32.4
Coronary heart disease mortality per 100,000 population         2009-2013         100.7         NA         89.8         102.6           Heart failure hospitalizations per 10,000 population         2010-2012         20.3         21.9         NA           Hypertension prevalence         2011, 2013         32.4%         32.8%         31.4%           High cholesterol         2011, 2013         40.0%         40.3%         38.4%           Hypertension hospitalizations per 100,000 population         2011         18.4         +         28.0         NA	Cholesterol checked every five years	2011. 2013	82.2%		81.0%	76.4%
Heart failure hospitalizations per 10,000 population         2010-2012         20.3         21.9         NA           Hypertension prevalence         2011, 2013         32.4%         32.8%         31.4%           High cholesterol         2011, 2013         40.0%         40.3%         38.4%           Hypertension hospitalizations per 100,000 population         2011         18.4         +         28.0         NA		2009-2013	100.7	NA		102.6
Hypertension prevalence         2011, 2013         32.4%         32.8%         31.4%           High cholesterol         2011, 2013         40.0%         40.3%         38.4%           Hypertension hospitalizations per 100,000 population         2011         18.4         +         28.0         NA						
High cholesterol         2011, 2013         40.0%         40.3%         38.4%           Hypertension hospitalizations per 100,000 population         2011         18.4         +         28.0         NA					32.8%	
Hypertension hospitalizations per 100,000 population 2011 18.4 + 28.0 NA			i			
		2011	18.4	+	28.0	NA

Maine Shared CHNA Health Indicators	Year	Kennebec	Trend	Maine	U.S.
Stroke mortality per 100,000 population	2009-2013	36.1	NA	35.0	36.2
Diabetes  Diabetes	2011 2012	0.50/		0.00	0.70/
Diabetes prevalence (ever been told)	2011-2013	9.5%		9.6%	9.7%
Pre-diabetes prevalence	2011-2013	5.0%	NI A	6.9%	NA NA
Adults with diabetes who have eye exam annually	2011-2013	74.5%	NA	71.2%	NA NA
Adults with diabetes who have foot exam annually	2011-2013	79.8%	NA	83.3%	NA
Adults with diabetes who have had an A1C test twice per year	2011-2013	NA	NA	73.2%	NA
Adults with diabetes who have received formal diabetes education	2011-2013	65.1%	NA	60.0%	55.8%
Diabetes emergency department visits (principal diagnosis) per 100,000 population	2011	233.9		235.9	NA
Diabetes hospitalizations (principal diagnosis) per 10,000 population	2010-2012	12.5		11.7	NA
Diabetes long-term complication hospitalizations	2011	72.3		59.1	NA
Diabetes mortality (underlying cause) per 100,000 population	2009-2013	25.8	NA	20.8	21.2
Environmental Health					
Children with confirmed elevated blood lead levels (% among those screened)	2009-2013	2.3%	NA	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among	2009-2013	5.7%	NA	4.2%	NA
those screened) Homes with private wells tested for arsenic	2009, 2012	56.5%	NA	43.3%	NA
Lead screening among children age 12-23 months	2009, 2012	37.9%	NA	49.2%	NA NA
Lead screening among children age 24-35 months	2009-2013	27.3%	NA	27.6%	NA NA
Immunization	2009-2013	27.370	IVA	27.0/0	IVA
Adults immunized annually for influenza	2011-2013	43.4%		41.5%	NA
Adults immunized arritally for immeriza  Adults immunized for pneumococcal pneumonia (ages 65 and	2011-2013	43.470		41.570	IVA
older)	2011-2013	74.0%		72.4%	69.5%
Immunization exemptions among kindergarteners for					
philosophical reasons	2015	3.1%	NA	3.7%	NA
Two-year-olds up to date with "Series of Seven Immunizations" 4-					
3-1-3-3-1-4	2015	81.0%	NA	75.0%	NA
Infectious Disease					
Hepatitis A (acute) incidence per 100,000 population	2014	0.0†	NA	0.6	0.4
Hepatitis B (acute) incidence per 100,000 population	2014	4.1†	NA	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	2014	3.3†	NA	2.3	0.7
Incidence of past or present hepatitis C virus (HCV) per 100,000	2014	39.6	NA	107.1	NA
population					
Incidence of newly reported chronic hepatitis B virus (HBV) per 100,000 population	2014	3.3†	NA	8.1	NA
Lyme disease incidence per 100,000 population	2014	113.9	NA	105.3	10.5
Pertussis incidence per 100,000 population	2014	14.0†	NA	41.9	10.3
Tuberculosis incidence per 100,000 population STD/HIV	2014	0.8†	NA	1.1	3.0
AIDS incidence per 100,000 population	2014	0.0†	NΙΔ	2.1	9.4
Chlamydia incidence per 100,000 population	2014	295.6	NA NA	2.1 265.5	8.4 452.2
Gonorrhea incidence per 100,000 population	2014	19.0	NA NA	17.8	109.8
HIV incidence per 100,000 population	2014	3.3†	NA	4.4	11.2
HIV/AIDS hospitalization rate per 100,000 population	2014	22.0	13/7	21.4	NA
Syphilis incidence per 100,000 population	2011	0.0†	NA	1.6	19.9
Intentional Injury			IVA		
Domestic assaults reports to police per 100,000 population	2013	478.3	NA	413.0	NA
Firearm deaths per 100,000 population	2009-2013	9.0	NA	9.2	10.4

Intentional self-injury (Youth)	Maine Shared CHNA Health Indicators	Year	Kennebec	Trend	Maine	U.S.
Lifetime rape/non-consensual sex (among females)         2013         NA         NA         11.3%         NA           Nonfatal child mattreatment per 1,000 population         2013         NA         NA         14.6         9.1           Reported rape per 100,000 population         2013         52.0         NA         27.0         25.2           Violence by current or former intimate partners in past 12 months (among females)         2009-2013         14.7         NA         15.2         12.6           Violenct prime rate per 100,000 population         2013         14.6         NA         12.5         36.8           Violent crime rate per 100,000 population         2013         14.6         NA         12.5         36.8           Maways wear seatbelt (High School Students)         2013         6.1.8%         61.6%         54.7%           Traumatic brain injury related emergency department visits (all intents) per 10,000 population         2011         100.0         NA         81.4         NA           Unintentional fall related diment poisoning deaths per 100,000 population         2009-2013         13.6         NA         11.1         13.2         2009-2013         13.6         NA         11.1         13.2         2009-2013         13.0         NA         10.0         NA         10.0 <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td></t<>						
Nonfatal child maltreatment per 1,000 population   2013						
Reported rape per 100,000 population   2013   52.0   NA   27.0   25.2						
Suicide deaths per 100,000 population			_			
Violence by current or former intimate partners in past 12						
Machine   Mach		2003 2013	14.7	INA	13.2	12.0
Valoent crime rate per 100,000 population	·	2013	NA	NA	0.8%	NA
Diniteritonal Injury   Always wear seatbelt (Adults)   2013   86.5%   85.2%   NA   Always wear seatbelt (High School Students)   2013   61.8%   61.6%   54.7%   7   100.000   100.00   100.00   100.00   100.00   100.00   100.00   100.000   100.00   100.00   100.00   100.00   100.00   100.00   100.000   100.00   100.00   100.00   100.00   100.00   100.00   100.000   100.00   100.00   100.00   100.00   100.00   100.00   100.000   100.00   100		2013	146.2	NΔ	125.0	368
Always wear seatbelt (Adults)		2010	140.2	1471	123.0	300
Always wear seatbelt (High School Students)   2013   61.8%   61.6%   54.7%		2013	86.5%		85.2%	NA
Traumatic brain injury related emergency department visits (all intents) per 10,000 population         2011         100.0         NA         81.4         NA           Unintentional and undetermined intent poisoning deaths per 100,000 population         2009-2013         13.6         NA         11.1         13.2           Unintentional fall related deaths per 100,000 population         2009-2013         6.3         NA         6.8         8.5           Unintentional fall related injury emergency department visits per 10,000 population         2009-2013         12.0         NA         361.3         NA           Unintentional motor vehicle traffic crash related deaths per 100,000 population         2009-2013         12.0         NA         10.8         10.5           Docupational Health         2009-2013         1.539         NA         19         4,585           Nonfatal occupational injuries (number)         2013         NA         NA         19         4,585           Nonfatal occupational injuries (number)         2013         NA         NA         19         4,585           Nonfatal occupational injuries (number)         2013         NA         NA         19         4,585           Nonfatal occupational injuries (number)         2013         NA         NA         19         4,585           A	, , ,		_			
Intents  per 10,000 population						
Unintentional and undetermined intent poisoning deaths per   2009-2013   13.6   NA   11.1   13.2   100,000 population   2009-2013   6.3   NA   6.8   8.5   10.0		2011	100.0	NA	81.4	NA
100,000 population						
Unintentional fall related deaths per 100,000 population		2009-2013	13.6	NA	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population   2009-2013   12.0   NA   361.3   NA   10.000 population   2009-2013   12.0   NA   10.8   10.5   100,000 population   2009-2013   12.0   NA   10.8   10.5   100,000 population   2009-2013   12.0   NA   NA   19   4,585   Nonfatal occupational Health   2013   1,539   NA   13,205   NA   NA   19   4,585   Nonfatal occupational injuries (number)   2013   1,539   NA   13,205   NA   NA   19   4,585   Nonfatal occupational injuries (number)   2013   20.5%   NA   13,205   NA   NA   Adults who have ever had anxiety   2011-2013   20.5%   19.4%   NA   NA   Adults who have ever had depression   2011-2013   24.1%   23.5%   18.7%   Adults with current symptoms of depression   2011-2013   24.1%   23.5%   18.7%   Adults with current symptoms of depression   2011-2013   24.1%   23.5%   17.7%   NA   Adults currently receiving outpatient mental health treatment   2011-2013   24.5%   17.7%   NA   Adults currently receiving outpatient mental health treatment   2011-2013   24.0%   17.7%   NA   35.2%   NA   Mental health emergency department rates per 100,000   2011   2,008.8   1,972.1   NA   26.2%   24.3%   29.9%   29.		2009-2013	6.3	NA	6.8	8.5
10,000 population						
Unintentional motor vehicle traffic crash related deaths per   2009-2013   12.0   NA   10.8   10.5   100,000 population   Occupational Health		2011	400.1	NA	361.3	NA
100,000 population						
Occupational Health         Deaths from work-related injuries (number)         2013         NA         NA         19         4,585           Nonfatal occupational injuries (number)         2013         1,539         NA         13,205         NA           Mental Health         Adults who have ever had anxiety         2011-2013         20.5%         19.4%         NA           Adults who have ever had depression         2011-2013         24.1%         23.5%         18.7%           Adults with current symptoms of depression         2011-2013         9.6%         10.0%         NA           Adults with currently receiving outpatient mental health treatment         2011-2013         18.7%         17.7%         NA           Adults currently receiving outpatient mental illness         2011, 2013         36.0%         NA         35.2%         NA           Adults currently receiving outpatient mental illness         2011, 2013         36.0%         NA         35.2%         NA           Adults currently receiving outpatient mental illness         2011, 2013         36.0%         NA         35.2%         NA           Mental health emergency department rates per 100,000         2011         2,008.8         1,972.1         NA           Seriously considered suicide (High School Students)         2013         24.5% <td>·</td> <td>2009-2013</td> <td>12.0</td> <td>  NA</td> <td>10.8</td> <td>10.5</td>	·	2009-2013	12.0	NA	10.8	10.5
Deaths from work-related injuries (number)   2013						
Nonfatal occupational injuries (number)   2013   1,539   NA   13,205   NA   Mental Health		2013	NA	NA	19	4.585
Mental Health         Adults who have ever had anxiety         2011-2013         20.5%         19.4%         NA           Adults who have ever had depression         2011-2013         24.1%         23.5%         18.7%           Adults who have ever had depression         2011-2013         9.6%         10.0%         NA           Adults currently receiving outpatient mental health treatment         2011-2013         18.7%         17.7%         NA           Adults currently receiving outpatient mental health treatment         2011-2013         18.7%         17.7%         NA           Co-morbidity for persons with mental illness         2011, 2013         36.0%         NA         35.2%         NA           Mental health emergency department rates per 100,000         2011         2,008.8         1,972.1         NA           Mental health emergency department rates per 100,000         2011         2,008.8         1,972.1         NA           Mental health emergency department rates per 100,000         2011         2,008.8         1,972.1         NA           Mental health emergency department rates per 100,000         2013         24.5%         24.3%         29.9%           Seriously considered suicide (High School Students)         2013         15.3%         14.6%         17.0%           Physical Activity,		2013				i i
Adults who have ever had anxiety Adults who have ever had depression 2011-2013 20.5% 19.4% NA Adults who have ever had depression 2011-2013 24.1% 23.5% 18.7% Adults with current symptoms of depression 2011-2013 9.6% 10.0% NA Adults currently receiving outpatient mental health treatment 2011-2013 18.7% 17.7% NA Co-morbidity for persons with mental illness 2011, 2013 36.0% NA Mental health emergency department rates per 100,000 2011 2,008.8 1,972.1 NA Depulation 2013 24.5% 24.3% 29.9% Seriously considered suicide (High School Students) 2013 24.5% 24.3% 29.9% Seriously considered suicide (High School Students) 2013 15.3% 14.6% 17.0% Physical Activity, Nutrition and Weight Fewer than two hours combined screen time (High School Students) Fruit and vegetable consumption (High School Students) 2013 16.7% NA 16.8% NA Fruit consumption among Adults 18+ (less than one serving per day) Met physical activity recommendations (Adults) Physical activity recommendations (Adults) 2013 2013 2013 2013 2013 2013 2014 2013 2014 2015 2015 2016 2017 2017 2018 2018 2019 2019 2019 2019 2019 2019 2019 2019			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		-,	
Adults who have ever had depression         2011-2013         24.1%         23.5%         18.7%           Adults with current symptoms of depression         2011-2013         9.6%         10.0%         NA           Adults currently receiving outpatient mental health treatment         2011-2013         18.7%         17.7%         NA           Co-morbidity for persons with mental illness         2011, 2013         36.0%         NA         35.2%         NA           Mental health emergency department rates per 100,000 population         2011         2,008.8         1,972.1         NA           Sad/hopeless for two weeks in a row (High School Students)         2013         24.5%         24.3%         29.9%           Seriously considered suicide (High School Students)         2013         15.3%         14.6%         17.0%           Physical Activity, Nutrition and Weight           Fewer than two hours combined screen time (High School Students)         2013         NA         NA         33.9%         NA           Fruit and vegetable consumption (High School Students)         2013         16.7%         NA         16.8%         NA           Fruit consumption among Adults 18+ (less than one serving per day)         2013         57.1%         53.4%         50.8%           Physical activity for at least 60 minutes per day on f		2011-2013	20.5%		19.4%	NA
Adults with current symptoms of depression         2011-2013         9.6%         10.0%         NA           Adults currently receiving outpatient mental health treatment         2011-2013         18.7%         17.7%         NA           Co-morbidity for persons with mental illness         2011, 2013         36.0%         NA         35.2%         NA           Mental health emergency department rates per 100,000 population         2011         2,008.8         1,972.1         NA           Sad/hopeless for two weeks in a row (High School Students)         2013         24.5%         24.3%         29.9%           Seriously considered suicide (High School Students)         2013         15.3%         14.6%         17.0%           Physical Activity, Nutrition and Weight         Fewer than two hours combined screen time (High School         2013         NA         NA         33.9%         NA           Students)         Fruit and vegetable consumption (High School Students)         2013         16.7%         NA         16.8%         NA           Fruit consumption among Adults 18+ (less than one serving per day)         2013         36.1%         NA         34.0%         39.2%           Met physical activity recommendations (Adults)         2013         57.1%         53.4%         50.8%           Physical activity						18.7%
Adults currently receiving outpatient mental health treatment 2011-2013 18.7% 17.7% NA  Co-morbidity for persons with mental illness 2011, 2013 36.0% NA 35.2% NA  Mental health emergency department rates per 100,000 2011 2,008.8 1,972.1 NA  Sad/hopeless for two weeks in a row (High School Students) 2013 24.5% 24.3% 29.9%  Seriously considered suicide (High School Students) 2013 15.3% 14.6% 17.0%  Physical Activity, Nutrition and Weight Fewer than two hours combined screen time (High School Students) 2013 16.7% NA 16.8% NA  Fruit and vegetable consumption (High School Students) 2013 16.7% NA 16.8% NA  Fruit consumption among Adults 18+ (less than one serving per day) 36.1% NA 34.0% 39.2%  Met physical activity recommendations (Adults) 2013 57.1% 53.4% 50.8%  Physical activity for at least 60 minutes per day on five of the past seven days (High School Students) 2013 22.6% 22.4% 25.3%  month (Adults) 2013 27.5% NA 26.2% 27.0%  Vegetable consumption among Adults 18+ (less than one serving per day)  Obesity (Adults) 2013 28.3% 28.9% 29.4%  Obesity (High School Students) 2013 14.3% 12.7% 13.7%  Overweight (High School Students) 2013 38.8% 36.0% 35.4%  Overweight (High School Students) 2013 16.7% 16.0% 16.6%  Pregnancy and Birth Outcomes		2011-2013				
Co-morbidity for persons with mental illness   2011, 2013   36.0%   NA   35.2%   NA		2211 2212				
Mental health emergency department rates per 100,000 population  2011 2,008.8 1,972.1 NA  2018 24.5% 24.3% 29.9%  Seriously considered suicide (High School Students) 2013 15.3% 14.6% 17.0%  Physical Activity, Nutrition and Weight  Fewer than two hours combined screen time (High School Students) 2013 16.7% NA 33.9% NA  Fruit and vegetable consumption (High School Students) 2013 16.7% NA 16.8% NA  Fruit consumption among Adults 18+ (less than one serving per day) 36.1% NA 34.0% 39.2%  Met physical activity recommendations (Adults) 2013 57.1% 53.4% 50.8%  Physical activity for at least 60 minutes per day on five of the past seven days (High School Students) 2013 22.6% 22.4% 25.3%  month (Adults) 2013 22.6% 22.4% 25.3%  Soda/sports drink consumption (High School Students) 2013 27.5% NA 26.2% 27.0%  Vegetable consumption among Adults 18+ (less than one serving per day) 2013 28.3% 28.9% 29.4%  Obesity (Adults) 2013 38.8% 36.0% 35.4%  Overweight (High School Students) 2013 38.8% 36.0% 35.4%  Overweight (High School Students) 2013 16.7% 16.0%  Pregnancy and Birth Outcomes	Adults currently receiving outpatient mental health treatment	2011-2013	18.7%		17.7%	NA NA
Depollation   2011   2,008.8   1,972.1   NA	Co-morbidity for persons with mental illness	2011, 2013	36.0%	NA	35.2%	NA
Dopulation   Sad/hopeless for two weeks in a row (High School Students)   2013   24.5%   24.3%   29.9%		2011	2 000 0		4 072 4	
Seriously considered suicide (High School Students)  Physical Activity, Nutrition and Weight  Fewer than two hours combined screen time (High School Students)  Fruit and vegetable consumption (High School Students)  Pruit consumption among Adults 18+ (less than one serving per day)  Met physical activity recommendations (Adults)  Physical activity for at least 60 minutes per day on five of the past seven days (High School Students)  Sedentary lifestyle – no leisure-time physical activity in past month (Adults)  Soda/sports drink consumption (High School Students)  Vegetable consumption among Adults 18+ (less than one serving per day)  Obesity (Adults)  Obesity (Adults)  Overweight (Adults)  Pregnancy and Birth Outcomes	population	2011	2,008.8		1,972.1	NA NA
Seriously considered suicide (High School Students)  Physical Activity, Nutrition and Weight  Fewer than two hours combined screen time (High School Students)  Fruit and vegetable consumption (High School Students)  Pruit consumption among Adults 18+ (less than one serving per day)  Met physical activity recommendations (Adults)  Physical activity for at least 60 minutes per day on five of the past seven days (High School Students)  Sedentary lifestyle – no leisure-time physical activity in past month (Adults)  Soda/sports drink consumption (High School Students)  Vegetable consumption among Adults 18+ (less than one serving per day)  Obesity (Adults)  Obesity (Adults)  Overweight (Adults)  Pregnancy and Birth Outcomes		2013	24.5%		24.3%	29.9%
Fewer than two hours combined screen time (High School Students)  Pruit and vegetable consumption (High School Students)  Pruit consumption among Adults 18+ (less than one serving per day)  Met physical activity recommendations (Adults)  Physical activity for at least 60 minutes per day on five of the past seven days (High School Students)  Sedentary lifestyle – no leisure-time physical activity in past month (Adults)  Soda/sports drink consumption (High School Students)  Soda/sports drink consumption (High School Students)  Vegetable consumption among Adults 18+ (less than one serving per day)  Obesity (Adults)  Obesity (High School Students)  Does ity (High School Students)  Does ity (High School Students)  Overweight (Adults)  Overweight (High School Students)  Pregnancy and Birth Outcomes		2013	15.3%		14.6%	17.0%
Students)  Fruit and vegetable consumption (High School Students)  Fruit consumption among Adults 18+ (less than one serving per day)  Met physical activity recommendations (Adults)  Physical activity for at least 60 minutes per day on five of the past seven days (High School Students)  Sedentary lifestyle – no leisure-time physical activity in past month (Adults)  Soda/sports drink consumption (High School Students)  Soda/sports drink consumption among Adults 18+ (less than one serving per day)  Obesity (Adults)  Obesity (Adults)  Obesity (High School Students)  2013  2013  2014  2015  Ad. 40. NA  40. 39.2%  2018  2018  2019  40. 40. NA  40. 40. NA  40. 40. NA  40. 40. NA  40. 39. 2%  40. 40. 80. 80. 80. 80. 80. 80. 80. 80. 80. 8	Physical Activity, Nutrition and Weight					
Fruit and vegetable consumption (High School Students)  Fruit consumption among Adults 18+ (less than one serving per day)  Met physical activity recommendations (Adults)  Physical activity for at least 60 minutes per day on five of the past seven days (High School Students)  Sedentary lifestyle – no leisure-time physical activity in past month (Adults)  Soda/sports drink consumption (High School Students)  Soda/sports drink consumption among Adults 18+ (less than one serving per day)  Obesity (Adults)  Obesity (Adults)  Obesity (High School Students)  Does weight (Adults)  Overweight (High School Students)  2013  2014  2015  2016  2017  2017  2018  2018  2019  20	Fewer than two hours combined screen time (High School	2012	NA	NIA.	22.00/	NIA.
Fruit consumption among Adults 18+ (less than one serving per day)  Met physical activity recommendations (Adults)  Physical activity for at least 60 minutes per day on five of the past seven days (High School Students)  Sedentary lifestyle – no leisure-time physical activity in past month (Adults)  Soda/sports drink consumption (High School Students)  Vegetable consumption among Adults 18+ (less than one serving per day)  Obesity (Adults)  Obesity (High School Students)  Overweight (Adults)  Overweight (High School Students)  Pregnancy and Birth Outcomes	Students)	2013	INA	INA	33.9%	INA
day)         2013         36.1%         NA         34.0%         39.2%           Met physical activity recommendations (Adults)         2013         57.1%         53.4%         50.8%           Physical activity for at least 60 minutes per day on five of the past seven days (High School Students)         2013         44.4%         NA         43.7%         47.3%           Sedentary lifestyle – no leisure-time physical activity in past month (Adults)         2011-2013         22.6%         22.4%         25.3%           Soda/sports drink consumption (High School Students)         2013         27.5%         NA         26.2%         27.0%           Vegetable consumption among Adults 18+ (less than one serving per day)         2013         20.3%         NA         17.9%         22.9%           Obesity (Adults)         2013         28.3%         28.9%         29.4%           Obesity (High School Students)         2013         14.3%         12.7%         13.7%           Overweight (Adults)         2013         38.8%         36.0%         35.4%           Overweight (High School Students)         2013         16.7%         16.0%         16.6%           Pregnancy and Birth Outcomes         2013         16.7%         16.0%         16.6%	Fruit and vegetable consumption (High School Students)	2013	16.7%	NA	16.8%	NA
Met physical activity recommendations (Adults)  Physical activity for at least 60 minutes per day on five of the past seven days (High School Students)  Sedentary lifestyle – no leisure-time physical activity in past month (Adults)  Soda/sports drink consumption (High School Students)  2013  22.6%  22.4%  25.3%  Vegetable consumption among Adults 18+ (less than one serving per day)  Obesity (Adults)  Obesity (High School Students)  2013  22.6%  NA  26.2%  27.0%  Value and a serving per day)  Obesity (High School Students)  2013  20.3%  NA  17.9%  22.9%  22.9%  22.4%  25.3%  NA  26.2%  27.0%  Vegetable consumption among Adults 18+ (less than one serving per day)  Obesity (Adults)  2013  28.3%  28.9%  29.4%  Overweight (Adults)  2013  38.8%  36.0%  35.4%  Overweight (High School Students)  Pregnancy and Birth Outcomes	Fruit consumption among Adults 18+ (less than one serving per	2012	26 19/	NIA	24.00/	20.20/
Physical activity for at least 60 minutes per day on five of the past seven days (High School Students)  Sedentary lifestyle – no leisure-time physical activity in past month (Adults)  Soda/sports drink consumption (High School Students)  Vegetable consumption among Adults 18+ (less than one serving per day)  Obesity (Adults)  Obesity (High School Students)  Overweight (Adults)  Pregnancy and Birth Outcomes  At 3.7%  At 3.	day)	2015	30.1%	INA	34.0%	39.2%
past seven days (High School Students)       2013       44.4%       NA       43.7%       47.3%         Sedentary lifestyle – no leisure-time physical activity in past month (Adults)       2011-2013       22.6%       22.4%       25.3%         Soda/sports drink consumption (High School Students)       2013       27.5%       NA       26.2%       27.0%         Vegetable consumption among Adults 18+ (less than one serving per day)       2013       20.3%       NA       17.9%       22.9%         Obesity (Adults)       2013       28.3%       28.9%       29.4%         Obesity (High School Students)       2013       14.3%       12.7%       13.7%         Overweight (Adults)       2013       38.8%       36.0%       35.4%         Overweight (High School Students)       2013       16.7%       16.0%       16.6%         Pregnancy and Birth Outcomes       2013       16.7%       16.0%       16.6%	Met physical activity recommendations (Adults)	2013	57.1%		53.4%	50.8%
past seven days (High School Students)  Sedentary lifestyle – no leisure-time physical activity in past month (Adults)  Soda/sports drink consumption (High School Students)  Vegetable consumption among Adults 18+ (less than one serving per day)  Obesity (Adults)  Obesity (High School Students)  Overweight (Adults)  Overweight (High School Students)  Pregnancy and Birth Outcomes  2011-2013  22.6%  22.4%  25.3%  2013  27.5%  NA  26.2%  27.0%  2013  20.3%  NA  17.9%  22.9%  22.9%  2013  20.3%  NA  17.9%  22.9%  2013  28.3%  28.9%  29.4%  36.0%  35.4%  36.0%  16.6%	Physical activity for at least 60 minutes per day on five of the	2012	11 19/	NIA	12 7%	47.2%
month (Adults)         2011-2013         22.6%         22.4%         25.3%           Soda/sports drink consumption (High School Students)         2013         27.5%         NA         26.2%         27.0%           Vegetable consumption among Adults 18+ (less than one serving per day)         2013         20.3%         NA         17.9%         22.9%           Obesity (Adults)         2013         28.3%         28.9%         29.4%           Obesity (High School Students)         2013         14.3%         12.7%         13.7%           Overweight (Adults)         2013         38.8%         36.0%         35.4%           Overweight (High School Students)         2013         16.7%         16.0%         16.6%           Pregnancy and Birth Outcomes         2013         16.7%         16.0%         16.6%	past seven days (High School Students)	2013	44.470	INA	45.770	47.5%
month (Adults)         2013         27.5%         NA         26.2%         27.0%           Vegetable consumption among Adults 18+ (less than one serving per day)         2013         20.3%         NA         17.9%         22.9%           Obesity (Adults)         2013         28.3%         28.9%         29.4%           Obesity (High School Students)         2013         14.3%         12.7%         13.7%           Overweight (Adults)         2013         38.8%         36.0%         35.4%           Overweight (High School Students)         2013         16.7%         16.0%         16.6%           Pregnancy and Birth Outcomes         2013         16.7%         16.0%         16.6%	Sedentary lifestyle – no leisure-time physical activity in past	2011 2012	22.69/		22 40/	25 20/
Vegetable consumption among Adults 18+ (less than one serving per day)         2013         20.3%         NA         17.9%         22.9%           Obesity (Adults)         2013         28.3%         28.9%         29.4%           Obesity (High School Students)         2013         14.3%         12.7%         13.7%           Overweight (Adults)         2013         38.8%         36.0%         35.4%           Overweight (High School Students)         2013         16.7%         16.0%         16.6%           Pregnancy and Birth Outcomes         16.0%         16.6% <td< td=""><td>month (Adults)</td><td>2011-2015</td><td>22.0%</td><td></td><td>22.470</td><td>25.5%</td></td<>	month (Adults)	2011-2015	22.0%		22.470	25.5%
Desity (Adults)   2013   20.3%   NA   17.9%   22.9%	Soda/sports drink consumption (High School Students)	2013	27.5%	NA	26.2%	27.0%
Desity (Adults)   2013   28.3%   28.9%   29.4%	Vegetable consumption among Adults 18+ (less than one serving	2012	20.20/	NIA	17 00/	22 00/
Obesity (High School Students)         2013         14.3%         12.7%         13.7%           Overweight (Adults)         2013         38.8%         36.0%         35.4%           Overweight (High School Students)         2013         16.7%         16.0%         16.6%           Pregnancy and Birth Outcomes         10.0%	per day)	2015	20.5%	INA	17.970	22.970
Overweight (Adults)         2013         38.8%         36.0%         35.4%           Overweight (High School Students)         2013         16.7%         16.0%         16.6%           Pregnancy and Birth Outcomes         16.0%	Obesity (Adults)	2013	28.3%		28.9%	29.4%
Overweight (High School Students) 2013 16.7% 16.0% 16.6% Pregnancy and Birth Outcomes	Obesity (High School Students)	2013	14.3%		12.7%	13.7%
Pregnancy and Birth Outcomes		2013	38.8%		36.0%	35.4%
		2013	16.7%		16.0%	16.6%
Children with special health care needs 2009-2010 NA NA 23.6% 19.8%						
	Children with special health care needs	2009-2010	NA	NA	23.6%	19.8%

Maine Shared CHNA Health Indicators	Year	Kennebec	Trend	Maine	U.S.
Infant deaths per 1,000 live births	2003-2012	5.7	NA	6.0	6.0
Live births for which the mother received early and adequate	2010-2012	81.3%	NA	86.4%	84.8%
prenatal care	2010-2012	01.5%	IVA	00.4%	04.070
Live births to 15-19 year olds per 1,000 population	2010-2012	23.7	NA	20.5	26.5
Low birth weight (<2500 grams)	2010-2012	6.9%	NA	6.6%	8.0%
Substance and Alcohol Abuse					
Alcohol-induced mortality per 100,000 population	2009-2013	8.0	NA	8.0	8.2
Binge drinking of alcoholic beverages (High School Students)	2013	14.3%		14.8%	20.8%
Binge drinking of alcoholic beverages (Adults)	2011-2013	15.5%		17.4%	16.8%
Chronic heavy drinking (Adults)	2011-2013	5.5%		7.3%	6.2%
Drug-affected baby referrals received as a percentage of all live births	2014	8.3%	NA	7.8%	NA
Drug-induced mortality per 100,000 population	2009-2013	13.0	NA	12.4	14.6
Emergency medical service overdose response per 100,000 population	2014	416.1	NA	391.5	NA
Opiate poisoning (ED visits) per 100,000 population	2009-2011	19.6		25.1	NA
Opiate poisoning (hospitalizations) per 100,000 population	2009-2011	14.0		13.2	NA
Past-30-day alcohol use (High School Students)	2013	24.0%		26.0%	34.9%
Past-30-day inhalant use (High School Students)	2013	3.0%		3.2%	NA
Past-30-day marijuana use (Adults)	2011-2013	8.4%		8.2%	NA
Past-30-day marijuana use (High School Students)	2013	20.0%		21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	2011-2013	0.1%†	NA	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	2013	4.5%		5.6%	NA
Prescription Monitoring Program opioid prescriptions (days supply/pop)	2014-2015	9.5	NA	6.8	NA
Substance-abuse hospital admissions per 100,000 population	2011	351.2	+	328.1	NA
Tobacco Use					
Current smoking (Adults)	2011-2013	17.9%		20.2%	19.0%
Current smoking (High School Students)	2013	13.6%		12.9%	15.7%
Current tobacco use (High School Students)	2013	18.6%	NA	18.2%	22.4%
Secondhand smoke exposure (Youth)	2013	39.4%		38.3%	NA

Indicates county is significantly better than state average (using a 95% confidence level).

Indicates county is significantly worse than state average (using a 95% confidence level).

<sup>+</sup> Indicates an improvement in the indicator over time at the county level (using a 95% confidence level)

<sup>-</sup> Indicates a worsening in the indicator over time at the county level (using a 95% confidence level)

<sup>†</sup> Results may be statistically unreliable due to small numerator, use caution when interpreting. NA = No data available